



## **ESU Northern and Baltic Countries Regional Conference 19.- 21. mai 2022**

Venue: Hestia Hotel Europa  
Paadi Str. 5 10151 Tallinn, Estonia

Estonian - English simultaneous translation

**Life with Covid-19. New tasks and challenges for senior members of society.  
Possible solutions and social adaptation to the new situation.**

### **Thursday, 19. May 2022**

Arrival and check-in hotel

**15.30 - 16.45 Transfer to the Keila-Joa Manor**

**17.00 – 21.00 Guided tour in the Keila–Joa Schloss Fall  
Dinner with former MEP Tunne Kelam and Mari-Ann Kelam  
A small concert - vignette**

**21.15 Transfer to the Hotel**

### **Friday, 20. May 2022**

**08.45 - 9.15 Registration**

**09.15 - 9.40 Opening of the Conference and Welcome Speeches**  
Em. Prof. Dr An Hermans – President of the ESU  
Riina Solman – Vice Chairman of the ISAMAA  
Ann Räämet – Vice-President of the ESU  
Dr Georg Männik, Chairman of the Senior's Association of ISAMAA

### **The First Session: Pandemic results in the countries of our region**

**09.40 – 10.15 Lars O. Molin, Sweden**  
Sweden's experience in dealing with the Covid-19 pandemic

**10.15 – 10.50 Jackūnas Žibartas, Leedu**  
Lithuania in the face of present-day challenges

**10.50 – 11.25 Leena Jääskeläinen, Soome**  
Finland's experience in dealing with the Covid-19 pandemic

**11.25 - 11.55 Coffee Break**

**11.55 - 12.40 Tatsiana Zelko, Belarus**  
Management and problems with pandemic situation in Belarus

**12.40 – 13.00 Discussion**

**13.00 - 14.00 Lunch**

**The Second Session: How has the pandemic changed our lives?**

**14.00 - 14.40 Mr Heinz Becker– former MEP/ Vice-President of the ESU**  
Serious problems for older generations in the pandemic era –  
but together we will overcome it!

**14.40 – 15.15 Prof. Lidmila Nemcova – Vice President of the ESU**  
Reflexion: Building the Czech resilient society

**15.15 – 15.45 Prof. Peep Talvik, Eesti**  
Practical lessons for healthcare in controlling a pandemic

**15.45 – 16.30 Prof. Peeter Ross, Eesti**  
Possible solutions of e-Health tools to protect the health of the population

**16.30 – 17.00 Discussion**

**18.30 Dinner with:**  
Helir-Valdor Seeder, Chairman of the ISAMAA

**Saturday, 21. May 2022**

**09.00 – 09.10 Opening the last session**  
Dr Georg Männik – Chairman of the Senior’s Association of the ISAMAA

**The Third Session: what should we do differently in the future?**

**09.10 – 09.35 Prof. Dr Steven Van Hecke, KU Leuven, Belgia**  
The effects of the pandemic on the coping of senior members of Society

**09.45 – 10.10 Prof. Dr An Hermans, ESU President**  
ESU activities during the pandemic and future prospects

**10.10 – 10.50 Discussion**

**10.50 – 11.10 Discussion and adoption of the declaration**

**11.10 - 12.00 Summary and closing remarks**  
Em. Prof. Dr An Hermans – President of the ESU  
Dr Georg Männik – Chairman of the Senior’s Association of the ISAMAA

**12.00 Lunch**

**Bon Voyage and Departure!**

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